



SUMMERTIME

# Fresh Harvest

## FAMILY FOOD BOX



Sample Box

Enough for 30 Meals!

**EACH BOX CONTAINS\*:**  
18-20# of Fresh Summertime Produce—including tomatoes, berries, squash, and more!

**PLUS A BAG\*:**  
3-5 LBS Meat/Cheese  
Bread/Buns/Rice/or Other Grains  
Breakfast Items; 100% Fruit Juice;  
Dried Fruit and a Gallon of Milk

\* Items subject to change based on supply

HEALTHY FOODS – HEALTHY CHILDREN – HEALTHY COMMUNITY

Thursdays ONLY

# June 4, 11, 18, 25

**Pick Up at 3 Locations! Ruskin, Ervin and Santa Fe**  
**10:00am—2:00pm (Rain or Shine)**

*Reserve a Fresh Harvest Family Food Box TODAY for every Thursday in June!*

Order no later than Monday @ 12 pm to pick up on Thursday.

Visit [HMC1Food.org](http://HMC1Food.org) to place an order or scan the QR code now.

